

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Elsie Grundling

Has successfully participated & completed the

21km Ezemvelo Trail Run Challenge 2017

held at Cowhouse Market.

**TIME** 02:57:32

**PACE** 08:27/km

**OVERALL** 39 of 103

**GENDER** 8 of 47

**40 - 49** 2 of 20

11 November 2017, Sat

Date

